



Footprints Counseling, PLLC  
3410 Healy Drive 200-A  
Winston-Salem, NC 27103  
(336) 893-8727 / fax (336) 893-8726

CONSENT FOR THE RELEASE AND/OR EXCHANGE OF INFORMATION

Client Name: \_\_\_\_\_ Chart Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Therapist: Joseph B. Alexander, LMFT

I hereby give my permission for:

\_\_\_\_\_  
Name of Agency, Hospital, Doctor or Individual

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Phone Fax

( ) to release to: ( ) to exchange with:

Joseph B. Alexander, LMFT of Footprints Counseling, PLLC

Therapist

The following information from the clinical record for the period from \_\_\_\_\_ to \_\_\_\_\_ :

(check items to be released)

- ( ) Intake Summary ( ) Social History ( ) Psychological Eval.
- ( ) Psychiatric Eval. ( ) Treatment Plan ( ) Discharge Summary
- ( ) Aftercare Plan ( ) Other: \_\_\_\_\_ ( ) All Information

Concerning the above named client for the following reasons:

\_\_\_\_\_  
\_\_\_\_\_

Write in reasons for release of information

I understand that this release may include information regarding the following drug abuse, psychological or psychiatric information.

I understand that the information to be released is protected under state and federal laws and cannot be redisclosed without my further written consent unless otherwise provided for by state and federal law. I understand that I may revoke this authorization at any time, except to the extent that action has already taken to comply with it. Without my express revocation, this consent will automatically expire \_\_\_\_\_ days (or 1 year) from the date it is signed.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent Guardian, or Authorized Representative When Required

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness